King County Hospitals



Pregnancy and Childbirth Guide

North Puget Sound Region



For Clallam, Island, Jefferson, Kitsap, Pierce, San Juan, Skagit, Snohomish, and Whatcom Counties

To 1999 Hospital Charges

Southwest Washington Region



For Clark, Cowlitz, Grays Harbor, Klickitat, Lewis, Mason, Pacific, Skamania, Thurston and Wahkiakum Counties



Central Washington Region



For Benton, Chelan, Douglas, Franklin, Grant, Kittitas, Okanogan, and Yakima Counties



Eastern Washington Region



For Adams, Asotin, Columbia, Ferry, Garfield, Lincoln, Pend Oreille, Spokane, Stevens, Walla Walla, and Whitman Counties

King County Hospitals 1999 Average Delivery and Newborn Charges

To get total expected charges for a birth, add a number from a *delivery* category to a number in a *newborn* category.

			Delive	Newborn						
King County Residents Treated In King County Hospitals: Hospital Name	Normal Delivery DRG 373	Normal Delivery With Problems DRG 372	Normal Delivery With Sterilization or D&C DRG 374	Cesarean Section DRG 371	Cesarean Section With Problems DRG 370	Normal Newborn DRG 391	Prematurity Without Major Problems DRG 388	Prematurity With Major Problems DRG 387	Full Term Infant With Major Problems DRG 389	With Other Significant
Auburn Regional Medical Center	2,814	3,202	4,945	4,211	4,836	694	3,082	11,077	2,433	1,090
Childrens Hospital & Medical Center						1,461		84,174	5,731	3,248
Community Memorial Hospital	2,949	3,234	4,985	5,658	6,650	816	1,186		1,415	969
Evergreen Hospital Medical Center	2,880	3,421	4,041	4,617	5,658	573	4,915	22,982	4,558	740
Highline Community Hospital	2,540	3,323	4,180	4,885	6,041	666	1,633	5,526	1,694	934
Northwest Hospital	2,642	3,497	3,300	4,759	5,863	675	2,067	8,966	2,141	784
Overlake Hospital Medical Center	3,192	3,639	3,994	4,535	5,666	768	5,081	18,620	3,801	1,086
Providence Seattle Medical Center	3,491	4,533	4,607	6,258	7,581	992	4,045	6,718	2,295	1,309
Saint Francis Community Hospital	3,435	4,233	5,529	7,117	8,389	956	1,382	6,781	1,818	1,186
Swedish Medical Center*	4,572	5,850	6,623	8,040	9,785	1,040	4,998	37,646	5,385	1,414
University of Washington Medical Center*	3,392	4,295	4,779	6,212	7,786	868	4,088	29,276	6,098	1,506
Valley Medical Center	2,747	3,681	4,322	4,932	6,189	747	4,094	18,763	3,600	1,331
Region Averages	3,328	4,221	5,000	5,805	7,150	823	4,127	26,366	4,038	1,167
King County Residents Treated In Other	r Regions:									
North Puget Sound Region	3,209	3,857	4,486	6,183	6,912	830	6,351	39,558	5,571	1,334
Southwest Washington Region	4,041	3,796		7,490		978	870		6,107	2,089
Central Washington Region	2,996			5,821		1,339	640		11,136	719
Eastern Washington Region		4,562				791		115,336	1,163	
Averages for King County Residents	3,324	4,205	4,969	5,818	7,136	823	4,215	27,946	4,177	1,174
State Averages	3,164	3,951	5,038	5,913	7,211	825	4,653	26,667	4,351	1,261

Note: Values in italic are based on less than 25 discharges. All values reflect what hospitals charged payers, but are not necessarily what the hospitals received or their cost of care. The numbers do not measure quality of care. In some cases, high numbers may be due to a hospital caring for more severely ill patients than average.

Group Health Hospitals do not report charges to the Department of Health.

North Puget Sound Hospitals 1999 Average Delivery and Newborn Charges

To get total expected charges for a birth, add a number from a delivery category to a number in a newborn category.

			Newborn							
North Puget Sound Residents Treated In North Puget Sound Hospitals: Hospital Name	Normal Delivery DRG 373	Normal Delivery With Problems DRG 372	Normal Delivery With Sterilization or D&C DRG 374	Cesarean Section DRG 371	Cesarean Section With Problems DRG 370	Normal Newborn DRG 391	Prematurity Without Major Problems DRG 388	Prematurity With Major Problems DRG 387	Full Term Infant With Major Problems DRG 389	With Other Significant
Affiliated Health Services	2,998	3,351	4,722	5,172	5,748	822	1,874	9,112	2,336	1,363
Cascade Valley Hospital	2,749	2,874	4,108	5,785	6,768	661	880		1,514	849
Forks Community Hospital	2,649	3,029	4,617	7,993	15,050	527	1,316		2,519	911
Good Samaritan Hospital	3,647	4,301	5,895	5,733	6,762	737	4,013	6,898	2,443	1,384
Harrison Memorial Hospital	2,644	3,144	4,052	4,821	5,987	648	2,304	5,503	1,822	1,001
Island Hospital	2,901	3,480	6,820	8,280	9,025	914	1,503		1,392	1,393
Jefferson General Hospital	3,504	4,011		6,547	7,406	600	5,322	3,404	1,370	770
Mary Bridge Childrens Health Center						1,199			3,768	2,611
Olympic Memorial Hospital	2,589	3,119	4,486	4,599	5,903	883	2,995	5,725	2,059	1,449
Providence General Medical Center	3,917	4,793	5,826	6,326	7,399	793	5,203	20,063	6,093	1,649
Saint Clare Hospital	3,622	4,266	7,881	8,099	8,877	968	1,476		1,739	1,185
Saint Joseph Hospital	3,176	3,970	5,748	8,097	8,895	949	6,291	13,525	3,482	1,329
Saint Joseph Medical Center	3,367	4,170	5,460	7,712	8,547	990	7,769	22,693	5,271	1,382
Stevens Hospital	2,611	2,966	3,562	4,681	5,313	639	5,706	19,420	3,962	1,067
Tacoma General Allenmore Hospital	2,675	3,636	5,229	4,639	6,642	757	9,191	51,179	6,833	1,175
Valley Valley General Hospital	2,555	3,455	4,205	5,738	6,632	728	1,109	2,410	1,547	1,073
Whidbey General Hospital	2,148	2,437	4,086	4,939	6,516	575	1,329	2,442	1,056	1,091
Region Averages	3,155	3,835	4,940	5,841	7,445	798	5,448	26,382	4,324	1,274
North Puget Sound Residents Treate	ed In Other I	Regions:								
King County Region	3,233	4,127	5,272	5,603	7,287	777	4,206	28,026	4,935	990
Southwest Washington Region	3,679	5,596	5,270	6,355	6,509	801	11,596	10,114	4,005	1,723
Central Washington Region	2,351	3,916				726			663	721
Eastern Washington Region	2,433		6,093	6,478		826				
Averages for North Puget Sound Residents	3,169	3,882	4,985	5,795	7,416	795	5,209	26,579	4,412	1,225
State Averages	3,164	3,951	5,038	5,913	7,211	825	4,653	26,667	4,351	1,261

Note: Values in italic are based on less than 25 discharges. All values reflect what hospitals charged payers, but are not necessarily what the hospitals received or their cost of care. The numbers do not measure quality of care. In some cases, high numbers may be due to a hospital caring for more severely ill patients than average.

Group Health Hospitals do not report charges to the Department of Health.

Southwest Washington Hospitals 1999 Average Delivery and Newborn Charges

To get total expected charges for a birth, add a number from a delivery category to a number in a newborn category.

			Deliver	У	Newborn					
Southwest Washington Residents Treated I Southwest Washington Hospitals: Hospital Name	n Normal Delivery DRG 373	Normal Delivery With Problems DRG 372	Normal Delivery With Sterilization or D&C DRG 374	Cesarean Section DRG 371	Cesarean Section With Problems DRG 370	Normal Newborn DRG 391	Prematurity Without Major Problems DRG 388	Prematurity With Major Problems DRG 387	Full Term Infant With Major Problems DRG 389	With Other Significant Problems
Capital Medical Center	3,407	4,156	5,01 0	6,951	7,652	791	2,038	5,156	2,635	1,171
Grays Harbor Community Hospital	3,432	4,368	6,898	8,385	8,830	1,007	1,419	9,602	3,998	1,591
Klickitat Valley Hospital	3,950	7,121	7,823	9,620	9,230	731			12,405	1,008
Mason General Hospital	3,350	4,115	5,775	6,314	7,225	802	2,085	2,737	2,633	1,212
Morton General Hospital	3,685	6,744	6,206	8,344	7,050	990			1,810	591
Peace-Health St. John Medical Center	4,198	4,637	6,405	7,406	8,862	899	4,755	16,052	4,835	1,515
Providence Centralia Hospital	3,450	4,282	6,428	6,933	7,478	965	3,219	9,413	4,157	1,795
Providence Saint Peter Hospital	3,766	4,306	5,950	6,181	7,141	772	5,280	14,525	4,091	1,292
Skyline Hospital	4,057	5,456	7,559	8,456	11,880	879	2,170		2,406	1,280
Southwest Washington Medical Center	3,061	3,889	4,889	5,708	6,432	828	4,071	8,638	3,965	1,419
Willapa Harbor Hospital	2,740	4,237		7,875	10,569	982			1,768	1,347
Region Averages	3,418	4,192	5,514	6,417	7,380	842	4,341	12,304	3,923	1,390
Southwest Washington Residents Tro	eated In Ot	her Regions	:							
North Puget Sound Region	3,267	3,972	4,264	6,343	7,591	808	10,906	51,247	8,194	1,353
King County Region	3,122	5,553	2,669	5,764	6,729	869	2,598	55,743	5,438	1,008
Central Washington Region	2,673	2,592				802	1,379		1,403	
Eastern Washington Region	3,773									942
Averages for Southwest Washington Residents	3,413	4,187	5,486	6,410	7,392	841	4,551	27,815	4,458	1,385
State Averages	3,164	3,951	5,038	5,913	7,211	825	4,653	26,667	4,351	1,261

Values in italic are based on less than 25 discharges. All values reflect what hospitals charged payers, but are not necessarily what the hospitals received or their cost of care. The numbers do not measure quality of care. In some cases, high numbers may be due to a hospital caring for more severely ill patients than average.

Group Health Hospitals do not report charges to the Department of Health.

Central Washington Hospitals

1999 Average Delivery and Newborn Charges

To get total expected charges for a birth, add a number from a delivery category to a number in a newborn category.

	Delivery						Newborn					
Central Washington Residents Treated In Central Washington Hospitals: Hospital Name	Normal Delivery DRG 373	Normal Delivery With Problems DRG 372	Normal Delivery With Sterilization or D&C DRG 374	Cesarean Section DRG 371	Cesarean Section With Problems DRG 370	Normal Newborn DRG 391	Prematurity Without Major Problems DRG 388	Prematurity With Major Problems DRG 387	Full Term Infant With Major Problems DRG 389	With Other Significant		
Central Washington Hospital	3,199	3,928	4,562	5,054	6,725	896	3,786	7,393	4,139	1,442		
Columbia Basin Hospital						1,481						
Coulee Community Hospital	1,820	1,895	4,690	5,976	7,546	584			604	705		
Kadlec Medical Center*	3,089	3,883	5,014	5,102	5,778	904	5,643	25,326	5,074	1,276		
Kennewick General Hospital	3,017	3,790	6,104	6,179	7,165	824	2,856	6,679	3,371	1,434		
Kittitas Valley Hospital	2,880	3,333	4,508	5,625	5,915	761	1,007		1,673	973		
Lake Chelan Community Hospital	3,791	4,983	7,955	9,220	9,199	881	1,174		1,198	1,554		
Lourdes Medical Center	2,409	2,989	5,309	6,267	7,579	660	1,453	4,958	2,293	1,152		
Mid-Valley Hospital	2,494	3,355	4,325	6,400	6,386	887	2,052		1,971	1,575		
North Valley Hospital	3,161	3,840	6,118	8,940	8,398	625				1,313		
Okanogan-Douglas Hospital	2,216	2,707	4,514	6,498	6,151	588			1,796	921		
Prosser Memorial Hospital	2,273	2,996	5,013	5,401	7,553	786	1,683		1,672	1,057		
Providence Toppenish Hospital	2,243	3,249	4,103	5,498	6,170	916	3,797		2,574	2,144		
Providence Yakima Medical Center	3,333	4,010	5,395	6,830	8,577	815	1,091	1,760	1,563	1,040		
Quincy Valley Hospital	2,765		5,390	7,852		702			1,112	1,236		
Samaritan Hospital	2,450	3,093	5,197	5,750	6,576	961	1,475	3,346	2,094	1,255		
Sunnyside Community Hospital	2,449	2,902	5,108	5,628	5,781	884	1,990		3,591	1,298		
Yakima Valley Memorial Hospital*	2,972	3,545	4,993	5,221	6,138	980	3,579	19,397	3,534	1,439		
Region Averages	2,847	3,520	5,032	5,623	6,524	873	3,554	16,937	3,216	1,357		
Central Washington Residents Tre	ated In Oth	er Regions:										
North Puget Sound Region	2,818	3,902		4,752	6,381	799			1,061	1,598		
King County Region	3,467	5,610	5,950	6,742	9,523	950	6,838	23,813	10,545	927		
Southwest Washington Region	2,869					712			654			
Eastern Washington Region	2,765	4,270	4,911	6,759	8,408	864	9,716	38,198	10,160	1,731		
Averages for Central Washington Residents	2,847	3,557	5,032	5,675	6,664	873	3,920	20,297	3,505	1,365		
State Averages	3,164	3,951	5,038	5,913	7,211	825	4,653	26,667	4,351	1,261		

Note:

Values in italic are based on less than 25 discharges. All values reflect what hospitals charged payers, but are not necessarily what the hospitals received or their cost of care. The numbers do not measure quality of care. In some cases, high numbers may be due to a hospital caring for more severely ill patients than average.

Group Health Hospitals do not report charges to the Department of Health.

Eastern Washington Hospitals 1999 Average Delivery and Newborn Charges

To get total expected charges for a birth, add a number from a *delivery* category to a number in a *newborn* category.

		[Delivery	/	Newborn					
Eastern Washington Residents Treated In Easterm Washington Hospitals:	Normal Delivery DRG 373	Normal Delivery With Problems DRG 372	Normal Delivery With Sterilization or D&C DRG 374	Cesarean Section DRG 371	Cesarean Section With Problems DRG 370	Normal Newborn DRG 391	Prematurity Without Major Problems DRG 388	Prematurity With Major Problems DRG 387	Full Term Infant With Major Problems DRG 389	With Other Significant
Deaconess Medical Center	2,573	3,518	3,955	5,090	6,526	759	6,554	34,906	6,938	1,297
Deer Park Health Center & Hospital	2,509					955				
Ferry County Memorial Hospital	2,518			5,987		558			537	
Holy Family Hospital	2,762	3,517	4,864	6,130	7,780	817	1,481	4,160	3,753	1,369
Lincoln Hospital	2,868		6,178	8,354	7,399	1,044				
Mount Carmel Hospital	2,508	3,364	5,861	7,298	9,438	730	1,087		605	1,095
Newport Community Hospital	3,097	3,899	6,490	7,142	5,458	842				1,073
Othello Community Hospital	2,601	3,903	5,078	6,720	7,133	910	1,687	3,829	1,773	1,076
Pullman Memorial Hospital	2,607	3,964	6,201	6,828	8,011	608	971	1,641	1,778	1,108
Sacred Heart Medical Center	3,470	4,407	5,014	6,832	8,381	840	7,411	31,521	7,850	1,374
Saint Josephs Hospital of Chewelah	2,744	4,116	6,392	6,893	8,775	922			1,486	1,415
Saint Mary Medical Center	2,913	3,427	5,072	6,907	7,740	1,085	4,084	7,238	3,941	1,432
Valley Hospital & Medical Center	2,895	4,007	5,005	6,522	7,560	752	2,621	3,716	4,295	1,651
Walla Walla General Hospital	2,845	3,297	4,707	7,165	7,518	1,248	4,066	5,792	4,531	1,582
Whitman Community Hospital	2,498	4,224	3,301	6,261	5,435	794			1,373	1,325
Region Averages	2,888	3,806	4,511	6,201	7,319	820	5,548	30,412	5,843	1,365
Eastern Washington Residents Treat	ed In Other	Regions:								
North Puget Sound Region	3,026			7,380		909				1,731
King County Region	4,190	6,423	5,371			746	2,188	63,008		1,009
Southwest Washington Region										
Central Washington Region	2,672	3,093	4,879	5,181	8,130	864	3,832	5,464	5,694	1,507
Averages for Eastern Washington Residents	2,885	3,802	4,526	6,178	7,352	820	5,457	30,175	5,837	1,369
State Averages	3,164	3,951	5,038	5913	7,211	825	4,653	26,667	4,351	1,261

Note: Values in italic are based on less than 25 discharges. All values reflect what hospitals charged payers, but are not necessarily what the hospitals received or their cost of care. The numbers do not measure quality of care. In some cases, high numbers may be due to a hospital caring for more severely ill patients than average.

Group Health Hospitals do not report charges to the Department of Health.

Delivery and Newborn Category Definitions

Delivery

DRG 373 Normal Delivery (No Problems)

Normal delivery of a baby or babies without surgery.

DRG 372 Normal Delivery With Problems

Delivery of a baby or babies without surgery complicated by an illness or condition in the mother or baby.

DRG 374 Normal Delivery With Sterilization or D&C

Delivery of a baby or babies without surgery other than D&C or sterilization (tubal ligation).

DRG 371 Cesarean Section (No Problems)

Normal delivery of a baby or babies through surgery by incisions made in the mother's stomach.

DRG 370 Cesarean Section With Problems

Delivery of a baby or babies by surgery complicated by an illness or condition in the mother or baby.

Newborns

DRG 391 Normal Newborn

Newly delivered baby without significant health problems.

DRG 388 Prematurity Without Major Problems

Baby is born before full term of 37 weeks and/or weighs less than 15.5 pounds and requires special care.

DRG 387 Prematurity With Major Problems

Baby is born before full term of 37 weeks and/or weighs less than 15.5 pounds, with illnesses or conditions that complicate care and treatment. These can include viral and bacterial infection, herpes, measles complications, malnutrition, heart and lung conditions, hernia, kidney failure, spina bifida, brain anomalies, and fractures.

DRG 389 Full Term Infant With Major Problems

Baby is born full term with illnesses or conditions that complicate care and treatment. These can include infection, anemia, cystic fibrosis, hemorrhage, and seizures.

DRG 390 Infant With Other Significant Problems

Baby up to six weeks old treated for problems not covered under other categories. May include transfers or readmissions to a hospital.

NOTE:

The information in this brochure comes from data provided to the state Department of Health by Washington hospitals. The data are grouped into illness categories, called Diagnosis Related Groups, or DRGs. They combine similar diagnoses and treatments.

The charges listed are **averages** for items and services provided by hospitals, based on the number of patients and total charges for that illness as reported in 1999. **Doctor fees are not included.**Figures include charges for the hospital room, hospital services ordered by a doctor (such as x-rays and laboratory tests), and personal care items (such as hospital gowns). Very high or low charges and very long or short stays are not included in the averages.

Because these figures are averages, they may be different from what you are billed.

Making The Best Choices

Use this brochure to:

- * Compare the charges for childbirth at hospitals in your area,
- See how charges may change based on the kinds of problems that can happen,
- * Let your doctor and health insurance know you are taking an active role in planning your care.

The charges in this brochure come from reports from Washington hospitals to the Department of Health. Charges are listed for several newborn conditions and delivery methods which may need different types of treatment. Births with

problems are often more expensive than those without problems. For problem births in hospitals where charges are much lower than other hospitals in that category, it is likely that the sickest babies are sent to another hospital that can better treat the problem. If you have two or more babies at the same time, the charges will also be higher.

The charges are averages based on the number of births and total charges in each category as reported for the region in 1999. How long you or your baby are in the hospital, the level of care you both get, problems, extra services, and price increases all affect the hospital charges. These charges do **not** include doctor

fees. Because these charges are averages, they may be different than what you are billed.

For additional information:

360-236-4328

Or visit:

www.doh.wa.gov/data/hospdata.htm

Complaints about quality of care:

Hospitals: 1-800-633-6828

Professional Licensing: 1-360-236-4700

Health Consumer Help Line:

1-800-525-0127

Pregnancy and Childbirth Tips

Be Prepared

Play an active role in your care and the care of your baby.

- * Know what services your health insurance does and does not cover, and any rules that must be followed.
- * Be prepared for doctor visits with questions and information, such as family medical history for you and the father of the baby.
- * If you are a first time mother, learn all you can about pregnancy, childbirth, and newborn care through books, videos, classes, and talking to other women.
- * Find out what resources and services are available to help you care for your baby after birth.

Ask Questions

You have the right to be involved in your care and treatment. Doctors and hospitals differ in the services they offer and how they care for patients. Have questions ready ahead of time to ask your doctor, health insurance provider, and the hospital. This will help you learn what services are available and decide which doctors will best meet your needs. Here are some questions that may help you decide:

- * What services will my health insurance cover? What rules do I have to follow? What things do I have to do?
- * What do you see as my role and responsibilities in my care?
- * Are there any limits on having my partner/support person with me during my prenatal care? During labor and delivery? During my hospital stay?
- * What are your feelings about natural childbirth? C-sections? Vaginal birth after c-section?

- * If I should develop problems, how will my care be managed? Who will do it?
- * Does the baby go to the nursery or can it stay with me?
- * What are your charges for labor and delivery? What are the expected charges at this hospital or birthing facility? Is financial aid or counseling available?
- * How long will I stay in the hospital after a normal birth? After a c-section? Are there limits on how long I can stay?

Make Healthy Choices

Make choices that will improve your chances of having a healthy baby and fewer delivery problems.

- * Stay at a healthy weight.
- * Don't smoke, drink, or use street drugs.
- * Reduce your caffeine (coffee, colas) intake.
- Exercise often—take a walk every day.
- Eat a balanced diet and include extra calcium.
- * Take vitamins and folic acid as advised by your doctor.
- * Wear a seat belt.
- Talk to your doctor before taking any prescription or over-the-counter drugs.
- * Practice safer sex.
- * Get tested for HIV.
- * Eliminate unsafe conditions at home and at work.

Get The Right Treatment

- Get regular prenatal care and follow your doctor's advice.
- Know your health risks and how they may affect your delivery and your baby.

- * Routine tests are available that can help find problems early. Ask about these tests to be sure you know what they are for.
- * Ask to see the results and have them explained to you.
- * Check ahead of time to see if the tests are covered under your health insurance.
- * If the tests show there may be problems, find out what your choices are.
- * If you need help finding a doctor or need information about pregnancy, infant health, and other health care resources, call 1-800-322-2588.

Reduce Risk of SIDS and Keep Baby Healthy

- * Place new baby on its back at night and for naps.
- Nobody should smoke around your baby.
- * Get regular checkups for you and your baby.
- * Breastfeed, if possible.

Examine Hospital and Medical Bills

Check all medical bills carefully for mistakes. Check to see if you were overcharged, billed more than once for the same thing, or charged for an item or service you did not get. If you have trouble understanding your bill, ask your doctors or the hospital for an explanation. The Washington Department of Health does not control hospital rates or billing practices.

Washington State Department of Health

Hospital & Patient Data Systems P.O. Box 47814 Olympia, WA 98504-7814

This brochure was published to increase consumer awareness of health care charges. For additional copies write to the Department of Health at the address above or call 360-236-4328.